

OBJECTIVES

In a few short sentences, tell us your objectives for this project.

This project aims to improve knowledge about pre-pregnancy and pregnancy risks and subsequently improve pregnancy and birth outcomes in Suriname by adapting and implementing the preconception care program of Perisur to reach vulnerable women/couples through the preconception care program of the foundation for Perinatal Interventions Suriname (Perisur).

The preconception care program, an effective primary prevention program, was introduced in Suriname by the Perisur group as part of the Perisur Twinning project (2014-2017), see reference. During preconception counseling women/couples are interviewed by trained health workers (general practitioners, midwives) on several topics including socio-demographic factors, obstetric history, family history, and life style. The aim is to identify pre-pregnancy risks and modify these risks through advice. Preconception clinics were set up in three hospitals in the capital city Paramaribo and especially women living in the urban cities and higher educated women were reached. Through this project the preconception care program will be adapted to the needs of vulnerable women/couples and their health workers in Suriname.

Who will benefit from this project? Provide the estimated number of direct beneficiaries.

Primary beneficiaries are vulnerable women/couples in Suriname. In addition, the health care organizations and perinatal professionals that participate in and implement the interventions will benefit. In the future women/couples and perinatal professionals in other areas of Suriname and other developing countries (especially those in the Caribbean Community) will benefit, since this project will provide guidelines.

Where will your project take place?

Community: Communities with higher rates of adverse perinatal outcomes

City or Village: These will be selected in collaboration with primary and secondary health care institutions and will be based on maternal and newborn data to identify target groups for health education interventions

Country: Suriname

When do you anticipate your project will take place?

From: 2020-10-01 **Until:** 2022-10-01

Outline your project implementation schedule.

- 1: Identifying high risk groups
- 2: Training perinatal professionals
- 3: Adapting interventions
- 4: Implementing interventions
- 5: Monitoring interventions
- 6: Evaluating interventions

	Months 1-3	Months 4-6	Months 7-9	Months 10-12	Months 13-15	Months 16-18	Months 19-21	Months 22-24
Identifying high risk groups	x	x						
Training perinatal professionals		x						
Adapting interventions		x	x	x				
Implementing interventions				x	x	x	x	x
Monitoring interventions				x	x	x	x	x
Evaluating interventions					x	x	x	x